



10"X4" LOWER VENT
4" FROM FLOOR

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UPPER VENT MAY BE PLACED ON ANY WALL 6" BELOW
CEILING OR IT MAY BE PLACED IN THE CEILING.

- R-13 FIBERGLASS INSULATION
- 3/4" MOLDING
- 2"X4" STUD DRY FIR
- R-13 FIBERGLASS INSULATION FOR CEILING & WALLS
- 1/2" OR 5/8" DRYWALL
- FOIL MOISTURE BARRIER
- INTERIOR WOOD K.D. T&G 1"X4' WESTERN RED CEDAR, REDWOOD, ALASKAN YELLOW CEDAR, HEMLOCK
- IF METAL STUDS ARE USED YOU MUST USE 1"X2" WOOD NAILERS BEFORE NAILING YOUR SAUNA PANELING

UPPER BENCH

LOWER BENCH

1"X2" BASE

8'X8" FRAMING

FINLANDIA
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SCALE 1/2" = 1'

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